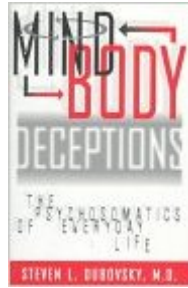


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Mind-Body Deceptions: The Psychosomatics Of Everyday Life



Synopsis

"For the intelligent layman this is the most useful book available on contemporary psychiatry. It presents a balanced picture of how the mind affects the body and how the body affects the mind. Dr. Dubovsky does not talk down to his readers, but conveys the most current scientific data and methods in a very understandable, creative, and well-written manner".--Gary J. Tucker, M.D., University of Washington.

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Customer Reviews

This book is wonderfully written and amazingly informative on the interrelationship between psychosomatic illnesses, biology and psychology. And though I read it years ago, what the author wrote about the idealizing of medication to treat all sorts of illnesses THAN has differently NOW become a very sad and disturbing fact. Tracey Tullis, *A Conscious Choice for Hypnosis*

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